

Neal Robert Smookler

Torchbearer For A Pioneering New Field.

Quite a statement, I know. Through his breakthrough he knowingly gave the world a gift beyond measure. He unknowingly gave me, but all my life."

"It's based upon the same fundamental principle as rebooting a computer", explains Smookler. With the participant lying face up on a specially designed table, a trained facilitator (alphabiocist) performs a unique movement of the head, alternately from each side of the table (to address both hemispheres).

Gently, the participant receives a high level, but non-threatening (that's key) sensory input. ("It sounds dramatic, but there aren't any jolts or zings as there are no machines or instruments used. It's totally hands-on. Very low tech. It's really quite pleasant and refreshing and not the least bit scary").

Using sophisticated equipment, the research by Dr. Marc Van-Craeynest suggests this sensory input appears as a *piezoelectric potential (a conceptual spark) which originates near the corpus callosum (the thick bundle of nerve fibers located between and connecting the two halves of the brain). We know that this sensory communication immediately results in an electric potential — first in the corpus collosum which then spreads throughout the brain into the neocortex (what anthropologists refer to as the higher human or spiritual brain).

*In physics, a piezo-electric effect is a current which flows as the result of an applied pressure (the alphabiocist method) on a crystalline structure (conjectured to be the pituitary gland or the corpus callosum). In theory, the pressure causes the crystalline structure to deform, resulting in a voltage (the conceptual spark).

In mere nanoseconds, a web of neurons begins to fire (one participant says it this way; 'my whole body and brain buzz as if the synapses are firing away and resetting themselves') spreading the potential throughout both hemispheres causing the brain to perform a systems check — in much the same way that a computer defragments and resets itself back to its original functional condition.

"And no, you don't lose memory, personality etc. You're still you — just a more authentic version. It's kind of like returning home."

"The process gently facilitates the 'refresh'. It's really an extraordinarily positive and invigorating communication that encourages the wisdom of the body to 'override' the daily 'emergency stand-by' mode, kind of like an 'all clear' signal. The internalized stress response (fight or flight) which is really a very low level state of alarm or shock that most adults are in — is neutralized and released, instantly."

"Now, this is not the traditional medical-emergency-room definition of shock. It's not that theatrical. What I'm talking about is a very subtle, complex and subjective one. Micro-emotional-life shocks, if you will. Basically, a state of unrelieved stress morphs into a state of imperceptible shock. Understanding that stress not dealt with turns into shock — is so big."

"When sleep is no longer rejuvenating; that's a sure sign you're in shock."

"The drain of power from our system is stunning, as the wisdom of the body is swiftly diverted to address the shock. It just hemorrhages — but instead of blood, you're bleeding 'intelligent, information-exchanging energy.'

"As long as this goes unchecked all other priorities such as healing, thinking, joy and growth — are relegated to 'back-burner' status. I hope

you can fathom the heart of what I am saying (remember, it's ridiculously simple and easily overlooked) — as it's considerable."

According to William Emerson, PhD, the majority of Americans are operating in varying degrees of shock. "If you saw the movie 'Ray' (The Life of Ray Charles) starring Jamie Foxx — the beginning of the movie is a perfect example of this very concept."

Dr. Ryke Hamer, a German physician, believes the true cause of all disease, including cancer, is an unanticipated biological shock trauma. This shock conflict triggers the body to turn on a specific emergency program. Dr. Hamer asserts that cancer is not cured by drugs, natural foods, traditional psychiatry or a healthy lifestyle. The ill person needs to turn off the shock-conflict.

"I personally disagree that all disease is ever caused by one thing. But most will agree that this low level state of shock that adults (and children) function within results in diminished potential — read that, limitation."

"What I believe the alphabiocist method is accomplishing — is bringing a person out of shock by lifting the consciousness up from the lower reptilian brain stem (an emergency 'override') to the more highly evolved neocortex (a safety 'override')."

"This is a proven way to stop today's debilitating stress from needlessly draining your system of it's precious energy, reserve and resource."

"What's so striking is that the 'refresh' looks like a simple stimulus-response mechanism, but there's an added bonus as it carries within it the potential of touching an ineffable core within you. Electro-encephalographic studies have shown the 'refresh' to shift brain waves into the delta frequencies. Some say delta is our connection to the Infinite, coincidentally, it is the vibrational resonance of the heart.

"Our magnificent brain has great power. Interestingly, the heart produces five-thousand times more electrical energy than the brain. When the magnificent brain is calmed through the alphabiocist approach, it no longer overpowers the compassionate heart. We move from the constricted path of the head to the expansive path of the heart. The heart comes into it's own so to speak."

"In fact, after the 'refresh' you are also in an alpha brain wave (the relaxation response) which is our natural idling frequency." According to most mainstream scientific studies — alpha can only be maintained with eyes closed, after the 'refresh' alpha is present with eyes wide open. It's a unique state which can last for days. You are literally utilizing energy more efficiently. That's so big as energy previously diverted towards protectionism is refocused back in.

In recent years there have emerged various critical articles on the internet about Alphabiocists. "I think when anything new comes on the scene, especially something that really delivers — yet is so almost incomprehensibly simple; it tends to meet with resistance."

A final thought. One thing that can be absolutely said is — it's here to help. So, I'll repeat the core message one more time to those who will hear it — a message that sits as comfortably in holistic circles as it does in the corporate world ... this is a simple way to address any challenge or limitation.

Smookler's work has been featured on WBZ, WZBC & WATD.

Today, he spends his professional time in Hopkinton, Massachusetts.

He is entering his twentieth year as an advocate of this 'California fad' that has since spread to continents across the globe. (508) 625-1170.

For more information go to alphabiocistsonline.com.